

WELLMAN UNION CAFE

MONDAY

3RD Pancakes
Bacon
or
Cereal Variety
Toast

TUESDAY

4TH Breakfast
Combo
or
Breakfast
Strudel
Cheese Stick

WEDNESDAY

5TH Breakfast
Pizza
or
Breakfast
Parfait

THURSDAY

6TH Oatmeal
Cinnamon Toast
or
Breakfast Bread
Yogurt

FRIDAY

7TH
HOLIDAY

10TH
HOLIDAY

11TH Cheese
Omelet
Toast
or
Breakfast
Bread

12TH Biscuit, Gravy
Scrambled Eggs
Bacon
or
Muffin
Yogurt

13TH Early Bird
Sandwich
or
Breakfast
Crackers
Cheese Cubes

14TH Dutch Waffle
Sausage
or
Breakfast Round
Yogurt

17TH Breakfast
Cookie
Yogurt
or
Cereal Variety
Toast

18TH Breakfast Burrito
Hashbrown
or
Breakfast Crackers
Cheese Cubes

19TH Waffles
Sausage
or
Banana
Split

20TH Stuffed Bagel
Cheese Stick
or
Breakfast Bread
Yogurt

21ST Donut Holes
Sausage
or
Muffin
Yogurt

24TH Sausage
Biscuit
or
Cereal Variety
Toast

25TH Morning Griddle
Sandwich
or
Breakfast Bread
Yogurt

26TH Sunrise
Sandwich
or
Muffin
Yogurt

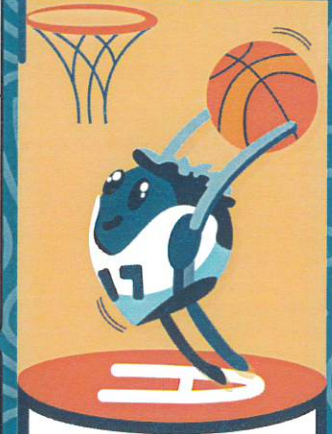
27TH Pancake Wrap
Yogurt
or
Breakfast Strudel
Cheese Stick

28TH Cheesy Toast
Sausage
or
Breakfast Round
Yogurt

APR

MENU 2023

**GEAR UP FOR
BASKETBALL**



ANNOUNCEMENTS:

White, Chocolate,
and Strawberry Milk
Served Daily

Fresh Fruit and Juice
Served Daily

* Menu is Subject to
Change



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 4/1/2023
www.SquareMeals.org

WELLMAN UNION CAFE

MONDAY

3RD Country Fried
Steak / Gravy
Mashed Potatoes
Okra
Roll
Strawberries

TUESDAY

4TH Tex-Mex Stack
Spanish Rice (HS)
Beans / Carrots
Salsa
Hot Cinnamon Apples
Sherbet

WEDNESDAY

5TH Pizza
Pocket
Garden Salad
Savory Green Beans
Peaches

THURSDAY

6TH Burrito
Corn
Crunchy Broccoli Salad
Fresh Apple Slices
Brownie K-12
Animal Crackers (PreK)

FRIDAY

7TH

HOLIDAY

10TH

HOLIDAY

11TH Ham & Cheese
Melt
Oven Fries
Fresh Veggie Cup
Strawberries &
Bananas

12TH Chicken Nuggets
Mac & Cheese
Carrots
Squash
Grapes

13TH Cheeseburger
Chips
Tomato Cup
Garden Salad
Pears

14TH Philly Cheese
Steak Sandwich
Corn / Cucumbers
Rosy Apple Sauce
Cookies (K-12)
Animal Crackers (PreK)

17TH Breaded
Drumstick
Biscuit
Garden Salad
Sweet Potatoes
Seasonal Fresh Fruit

18TH Walking Taco
Beans
Fresh Veggie Cup
Chilled Pineapple
Crispy Treats (K-12)
Teddy Grahams (PreK)

19TH Cheesy
Breadsticks
Broccoli
Marinara Sauce
Cinnamon Applesauce

20TH Boneless Chicken
Wings / Chips
Celery
Carrots
Mixed Fruit
Frozen Yogurt Cup

21ST Steak Fingers
Gravy
Savory Green Beans
Corn
Roll
Peaches

24TH Oven Fried
Chicken
Mashed Potatoes
Tomato Cup
Roll
Fruit Cup

25TH Quesadilla
Salsa
Beans
Cucumbers
Apricot
Ice Cream Cup

26TH Spaghetti Bowl
Breadstick
Fresh Veggie Cup
Garden Salad
Fruity Gelatin

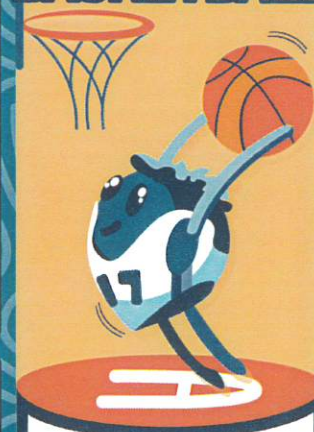
27TH Asian Bowl
Egg Roll
Broccoli
Corn
Mandarin Oranges

28TH Pizza
Savory Green Beans
Carrots
Fresh Seasonal Fruit
Cookies (K-12)
Graham Crackers(PreK)

APR

MENU 2023

**GEAR UP FOR
BASKETBALL**



ANNOUNCEMENTS:

White Milk Served
Daily (PreK)

White, Chocolate,
and Strawberry Milk
Served Daily (K-12)

Fresh Fruit and Juice
Served Daily (HS)

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Change



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